

# ASTRID

## SMARTWATCH



vogue

Watch & Jewellery

Thank you for choosing our smartwatch. You can read this manual and have a thorough understanding of the use and operation of the equipment.

The Company reserves the right to make changes to the contents of this.

# INTRODUCTION

Welcome to use our ASTRID, this is a smart watch which can help you reach your sport goals.



The package includes:

- ASTRID Smartwatch
- User Manual
- Charging cable

# 1. Function description

## 1.1 Button



Button A: Long press to (switch)turn ON/OFF the watch, short press to turn ON/OFF the screen.

Button B: Short press to enter multi-sport mode, (short press to Start/pause the sport function.

Button C: Touch screen). Full display touchscreen

## 1.2 Charging battery

Magnetic charging, as shown below:



**\* Please note that the two contacts of the charging cable cannot contact the conductor at the same time. That will cause the circuit to burn.**

### 1.1 Standby dial interface

- 1) Slide right to enter the menu interface, enter the menu function, and slide up/down to view the menu function icon.
- 2) Slide down to enter the information menu: Bluetooth connection status/Shortcut setting/Battery capacity/Brightness adjustment / Do not disturb mode
- 3) Slide left to enter the function of Steps/Heart rate/Sleep recording/Shortcut function.

- 4) Slide up to enter the push message interface.
- 5) Hold down the standby dial interface to select dials, it will be set successfully after holding down the selection.

## **1.2 Push message**

Slide up on the standby to enter the push message interface after the watch has been bound to the app. Under the premise of enabling notification permission (during app install), new messages received in the notification bar of the mobile phone will be pushed to the watch. A total of 15 messages can be saved. After the 15 messages are stored, the messages received after, will overwrite the previous messages

## **1.3 Information menu**

slide down from the standby interface to enter the information menu

- 1) Icon shows Bluetooth connection status; battery capacity
- 2 ) Click the first icon to turn ON/OFF the Do not disturb mode
- 3) Click the icon function to set the shortcut function (Screen display/Language selection/Vibration intensity/QR code/About)

- 4) Click 'QR code', scan it to download the APP
- 5) Click the icon 'find the phone' for find phone function  
(Must be connected with the APP)
- 6) Click the icon to view about
- 7) Click the icon to adjust the screen brightness

#### **1.4 Pedometer**

Step counting is enabled by default, the interface displays the current step count of the watch, and the data is cleared at 12 a.m. every day.

#### **1.5 Sleep monitor**

Sleep monitoring time period: 21:00 to 09:00 the next day,). After exiting sleep monitoring, the watch sleep data can be synchronized (to) with the APP

#### **1.6 Bluetooth music**

**Android:** After the watch is connected to the mobile phone APP, turn on the music player of the mobile phone, you can control the music play / pause, increase and decrease the volume and switch songs on the watch;

**iOS:** The watch is bound to the APP, turn on the mobile music player, the watch can control music playback / pause, increase and decrease the volume, and switch songs.

### **1.7 Sports mode (walking, running, climbing, basketball, elliptical, hiking)**

After the watch is bound to the app, click on the watch to find the phone, and the phone will vibrate or ring to remind.

**1.7.1** Select the corresponding sport mode, click the screen, enter the countdown 3, 2, 1 to enter the corresponding sport mode; swipe the screen to the right to jump to the end of the sport interface, click to end the sport and save the data

**1.7.2** When the distance is greater than 200 meters or the exercise time is greater than 5 minutes, you can save the exercise data; when it is less than this condition, the end of the exercise save will pop up a prompt box: "The data is too little to save" (Various sports data can only be saved in the current interface; after exiting, sports data can only save step data)



### **1.8 Heart rate**

Put the watch on the wrist (left hand / right hand) correctly, enter the heart rate menu to measure the heart rate value. The test takes 45 seconds. The heart rate light (turned off after 3 seconds after the test is finished). Turns off 3 seconds after the measurement is complete

### **1.9 Blood pressure**

Put the watch on the wrist (left hand / right hand) correctly, enter the blood pressure menu, start measuring and obtain a single blood pressure value.

### **1.10 Blood oxygen**

Put the watch on the wrist (left hand / right hand) correctly, enter the blood oxygen menu, start measuring and obtain a single blood oxygen value.

### **1.11 Alarm clock**

(Watch binding app) The watch must be connected with the app. Set the alarm in the app to sync to the watch.

## **1.12 Stopwatch**

Click the stopwatch to enter the timing interface, click the ' Start' icon to start timing, and click the icon again to pause. Swipe right on the screen to exit, and then enter the stopwatch again. The previous time is cleared and restarted.

## **1.13 Find phone**

After the watch is bound to the app, click on the "Find phone" function to find the phone, and the phone will start to vibrate or ring .

## **1.14 Setting**

### **1.14.1 Sedentary reminder**

The function is off by default. After the app is connected, the app has an (on or off) On/Off option, to activate or deactivate the function.

### **1.14.3 System**

1) Check the Bluetooth name / Bluetooth address / version number of the watch

2) Restore factory settings, click Restore factory settings, the watch will return to the factory state

3) Shut down, after clicking shutdown, the watch will shut down

**1.14.4 The screen display contains the following functions**

- 1) Click to switch the dial
- 2) Long press to enter the dial selection function, slide left and right to select the dial
- 3) Brightness adjustment, click to adjust the screen brightness
- 4) Screen duration, click to adjust the screen duration
- 5) The duration of the bright screen when raising your hand, click to adjust the duration of the bright screen for the function.

#### **1.14.5 Language selection**

Click to switch watch language

#### **1.14.6 QR code**

Scan the QR code to download APP

#### **1.14.7 Vibrating**

Click to adjust the vibration intensity

#### **1.15 ECG**

After connecting to the APP, enter the "ECG" interface in the APP, click the watch to enter the "ECG" function, wear the watch to your wrist, click "Start Measurement" in the APP and wait for 30S to measure the data.

## 1.16 Women

(THIS FUNCTION CAN HELP WOMEN RECORD THEIR PHYSICAL HEALTH CYCLE, SUCH AS MENSTRUAL PERIOD, PREPARATION AND PREGNANCY)

## 2. Binding the app

### 1. APP Download method

#### 1.1 Scan QR code download



#### 1.2 Store


App store, Pea pod, Google play and in other app stores search '**FitcloudPro**' to download



## 3. Binding Bluetooth

### 3.1 Unbind status

After the watch is turned on, Bluetooth (has been searching). Is on search state by default

After turned on, in the App , go to 'Device'- "Add device"-click' Start 'to search, click 'the corresponding watch device name, you have now successfully connected the watch to the App 

### 3.2 Bound status

Watch time synchronization: After the watch and the app are successfully bound, you should see the correct time being displayed on the watch face. If not, repeat the process

### 3.3 Find device

After binding the watch to the app successfully, click on the phone app to find the watch, the watch will light up and vibrate once

### 3.4 Data synchronization

After the watch and app are successfully bound, the watch's health data can be synchronized to the app; Turn on sleep, steps, click to select the date, click the icon in the upper right corner to share the current interface data to QQ, WeChat, WeChat friends, Sina

### **3.5 Push message**

After the watch and the app are successfully bound, switch on the corresponding notification permission in the mobile phone system, enter the app "More"- "App notification", and switch on the corresponding third-party application.

#### **3.5.1. Incoming call notification**

Turn on the call notification in the personal application. When the phone receives the call, the watch will light up and vibrate, displaying the number that is calling you. If you have saved the number on your contacts, the watch will display the name you have given.

#### **3.5.2. SMS notification**

Switch on the SMS notification in the personal application. When the mobile phone receives one or more SMS, the watch will receive one or more SMS reminder notifications at the same time.

#### **3.5.3. Other application notifications**

Switch on the corresponding application message notification in personal applications, such as WeChat, QQ, Facebook, Twitter and other applications. When the mobile phone receives one or more application message notifications, the watch will also receive one or

more corresponding message reminder notifications.

### **3.6 Wechat sports**

Watch sports data can be synchronized to WeChat sports rankings

Binding method:

Android system: first bind the app, then enter WeChat to bind. There is an operation method in 'app'

iOS system: Enter WeChat public account, click on the details in the upper right corner, data source, add data source from HTang

### **3.7 iOS system health**

After setting, you can view FitcloudPro data on iOS system health

### **3.8 Drinking water reminder**

Set the time period and frequency (minutes) from 'Start' to 'End', click to enter 'Repeat' to set the date of drinking reminder (week), check 'Drinking reminder' and save. When the reminder time for drinking water arrives, the watch vibrates and shows a drinking water icon.

### **3.9 Sedentary reminder**

Set the interval between “start” to “end” and sedentary time (minutes), click to enter the “repeat” setting to select the sedentary reminder date (week), when the sedentary time arrives, the watch will vibrate and display the sedentary icon. Do not disturb mode is from 12:00 noon to 14:00 noon.

### **3.10 Alarm reminder**

Click ‘Alarm Reminder’, set the time of ‘Add Alarm’, when the alarm time arrives, the watch will prompt: alarm icon and time, and vibrates 6 times.

### **3.11 Heart rate detection**

Set and save the time period from “start” to “end” in the app. The heart rate interface of the watch can save the data of the heart rate measured each hour.

### **3.12 Firmware upgrade**

Automatically detect whether the watch firmware version is the latest version, if there is a newer version, it will prompt you to upgrade to the latest version.



### **3.13 Unbind app**

When the watch is bound to the app: After unbinding the device, click 'OK' to unbind it. The iOS system needs to go to the phone settings to ignore the Bluetooth device.

### **3.14 Push dials**

Connect the app, in 'Device'-'Dial Settings'-Click on 'Dial'-After synchronizing the dial, the watch will disconnect and then connect automatically

### **FAQ**

**\*Please avoid exposing the device to extreme temperatures of excessive cooling or overheating for a long time, which may cause permanent damage.**

**\* Why not wear a watch and take a hot bath?**

The temperature of the bath water is relatively hot, and it generates a lot of water vapor, which is in gas phase and has a small molecular radius. Thus, it is easy to penetrate into the gap of the watch case. When the temperature drops, it the gas will form liquid droplets again. In this case, it is easy to cause a short circuit in of the watch, rendering the watch unusable.

**\* Can't turn on the device / can't charge**

If the watch doesn't turn on, it may be that the watch is in battery collision protection mode.

Please leave the charger on for at least 30 minutes.

If the battery is too low, or the watch has not been used for a long time and it will not turn on, please plug in the charging cable to charge for more than half an hour to activate.

**IP68 - Only dustproof and only accidental contact  
with fresh water - hand washing. Seawater is  
prohibited.**

[www.vogue-watch.com](http://www.vogue-watch.com)